



Curriculum Overview

Physical Education

“A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.”

PE Curriculum Cycle A																
Autumn 2022																
Week	1	2	3	4	5	6	7	Half term	8	9	10	11	12	13	14	15
Class 1	Fundamental Movement Skills				Rolla Ball (games)				Making Shapes (gymnastics)			Moving Along (dance)			Recap Revisit	
Class 2	Multi Skills / SAQ				Balancing Act (gymnastics)				Assessment Level 2-3 (gymnastics)			Round the Clock (dance)			Recap Revisit	
Class 3	Tag Rugby / Netball (invasion games)				Distance Challenge (athletics)				Acrobatic Gymnastics			Making the Grade (dance)			Recap Revisit	
Spring term 2023																
Week	1	2	3	4	5	6	Half term	7	8	9	10	11				
Class 1	Multi skills – ball skills			Assessment Level 1 (gymnastics)				Themes and Dreams (dance)			10 point Hoops (games)					
Class 2	Three Touch Football			Machines (dance)				Mini Tennis 2			Skittles – basketball (games)					
Class 3	Basketball			Street Dance				Assessment Level 3-4 (gymnastics)			What a racket (games)					
Summer term 2023																
Week	1	2	3	4	5	6	Half term	7	8	9	10	11	12	13		
Class 1	Off, Up and Away (games)			SAQ – Vertical Jump				Bean Bag Throw (games)			Where Are We Going (DAA)			Recap Revisit		
Class 2	BCCET Cricket Unit			BCCET Athletics Unit				Gone Fishing (DAA)			Furthest Five (athletics)			Recap Revisit		
Class 3	BCCET Cricket Unit			BCCET Athletics Unit				Where Am I? (DAA)			SAQ			Recap Revisit		

Curriculum Documentation for the Federation of St Godric's & St Mary's Primary Schools

In response to our mixed-age classes, our PE Curriculum is implemented on a 2 yearly programme (Cycle A & Cycle B).

We use a combination of BCCET Continuity units and Core Tasks, which have been written by our School Sport's Partnership.

Our long term plan is adapted to suit the needs of our schools, and to support our pupils in preparation for competitions.

Intent

“The national curriculum for physical education aims to ensure that all pupils develop competence to excel in a broad range of physical activities.”

Pupils will move progressively through three learning stages:

- Explore – EYFS, Year 1 and Year 2: Pupils explore basic movement skills of running, jumping, kicking, throwing and catching, whilst demonstrating physical attributes of balance, agility and co-ordination.
- Combine – Year 3 and Year 4: Pupils combine basic movement skills of running, jumping, kicking, throwing and catching, whilst demonstrating physical attributes of balance, agility and co-ordination.
- Refine – Year 5 and Year 6: Refine sport specific skills whilst demonstrating physical attributes of flexibility, strength.

Pupils will participate in a range of games, as well as dance and gymnastics sequences and health related fitness and outdoor adventurous activities. All schools must provide swimming instruction in key stage 1 or key stage 2.

Implementation

- Each unit of work will begin with an overview of what is to be covered within the sequence of lessons a unit conclusion, which will guide staff in providing summative feedback to pupils at the end of a unit of work.
- A list of prescriptive resources and a guide to adapting resources if the 'ideal' isn't available, as well as how equipment can be altered to support and challenge pupils, would also be included.
- Rules and regulations for specific sports would also feature to allow staff to encourage good practice ahead of potential competition and to ensure characteristics such as fair play and respect can be accurately enforced.
- Each lesson has an individual toolkit in the form of a flow chart, providing a visualisation of the sequence of learning taking place, as well as directed tasks based on pupil success. Specific vocabulary would also be included to outline key techniques of skills, allowing direct links with model questioning and images to support set up of activities.

Impact

- A suggested extra-curricular and enrichment offer, as well as the inclusion of QR codes to local sports provision, provides pupils with many opportunities to develop their skills, enhancing the potential for success which increases the likelihood of lifelong participation. This also provides an additional opportunity to participate in sport and be physically active, which develops resilience, confidence and independence to lead a healthy and active lifestyle.
- Sports and activities selected to comprise the curriculum, will reflect the school sport network calendar of events, allowing pupils to develop competence immediately prior to potentially showcasing these skills at a local area competition level.